

MAW-PEMITA'JIK QALIPU'K

THE CARIBOU ARE TRAVELLING TOGETHER

Qalipu's Newsletter

April 2018

DEMONSTRATION OF COMMUNITY SOLIDARITY

Press play to watch the video



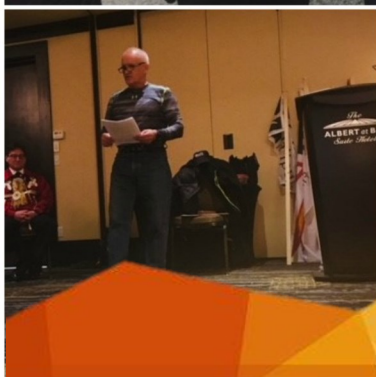
Families and communities divided, veterans dismissed, long standing activists denied membership and FNI members who voted to create the First Nation excluded!

Our stories set us apart, but our ability to stand together and support one another, is our way, the way of the caribou.

Watch the video that everyone has been talking about, and share your story.



A Demonstration of Community Solidarity: Standing Together



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SCIS Applications and Renewals

If you would like assistance applying for, or renewing your Secure Certificate of Indian Status, please contact the representative in the office nearest you.

St. George's, Stephenville, Corner Brook

Jody Davis
Tel. (709) 634-4010
email jdavis@qalipu.ca

Glenwood, Grand Falls-Windsor

Charmaine Bath
Tel. (709) 679-2142, 1-855-263-6440
email cbath@qalipu.ca

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Jilaqami'mu'tieg - We Make Snowshoe Tracks

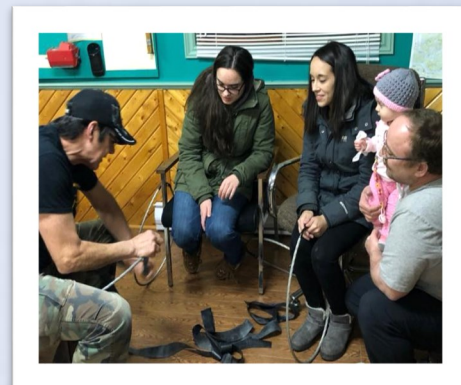
SUBMITTED BY MITCH BLANCHARD, RESOURCE COORDINATOR

Jilaqami'mu'tieg – 'We make snowshoe tracks' program is designed to engage participants in traditional knowledge and snowshoe making. The Qalipu Cultural Foundation has partnered with local crafters, organizations, and the Government of Newfoundland and Labrador: Department of Seniors, Wellness and Social Development. For the month of February and March - 32 participants, plus some family supports and loved ones, met on a regular basis to learn how to make snowshoes. Crafters Chris Anstey, of Grand Falls-Windsor and Tyrone Mulrooney, of Glovertown, led the sessions.

The vision for the workshop and fitness class was to create a bond

and sustainable support system between the participants. It quickly became clear that participants, crafters and organizations developed a bond, and sparked a change toward healthy lifestyles. Participants spoke of companionship, stress management, social wellness and a sense of belonging.

In today's world of fast technology, instant demands and wants, this program fostered the growth of relationships and interpersonal communications across generations. The Qalipu Cultural Foundation encourages everyone to become active, and to find a balance in life and, most importantly, to talk to your family, friends and coworkers.



Chris Anstey (crafter), Kaitlyn Pottle, Jordan Pottle, Norah Pottle and Glenwood Ward Councilor Frank Skeard.



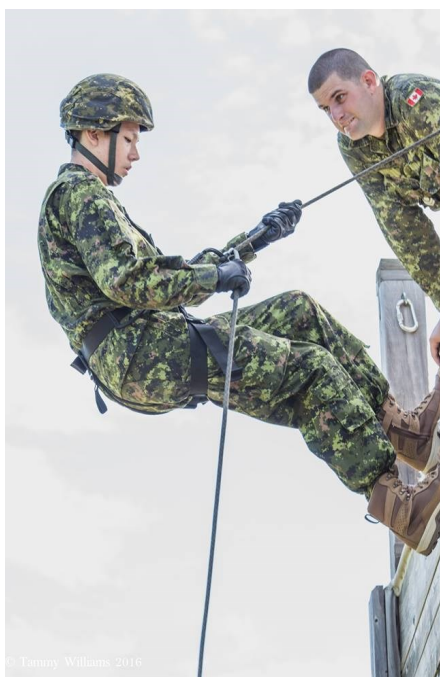
Kevin Keats, Chris Anstey (crafter), Blair Sparks, Tyler Stryde and Tyrone Mulrooney (crafter)



Natasha Jones, Buchans Jct.

ATTEND A SESSION: BLACK BEAR PROGRAM

Incredible Opportunity for Indigenous Youth



The Qalipu First Nation is pleased to partner with the Canadian Armed Forces to host information sessions about the *Black Bear Program*, an incredible summer employment and personal development opportunity for Indigenous youth. Information and recruiting sessions will be hosted in western and central Newfoundland during the week of April 16-20.

The Black Bear Program is a summer employment program that combines Indigenous culture and teachings with basic military training. The six-week program takes place from early July to mid-August at the 5th Canadian Division Training Centre located in Oromocto, NB.

Participants in the program will graduate with basic military training, get paid \$4,200, have meals and accommodations provided, and their transportation to and from Oromocto covered as well. Following completion of the program, participants may choose to serve in the Canadian Armed Forces on a full or part-time basis.

If you're ready for a challenging experience that develops hands-on skills, encourages teamwork, improves physical fitness and promotes cultural awareness, get in touch with us to register for an upcoming information session.

To register for a session, please contact Monique Carroll, Director of Education and Training at 647-3096 or email mcarroll@qalipu.ca

For more information about the program, or to apply directly, visit this link <http://www.army-armee.forces.gc.ca/en/5-cdn-div-training-centre/aboriginal-programs.page>



Members of the Canadian Armed Forces presented information on the Black Bear Program at the Qalipu office in Corner Brook. (L-R) Major Mark Felix, Deputy Commanding Officer of 2nd Battalion Royal Newfoundland Regiment, Vickie MacDonald Employment Coordinator, Chief Warrant Officer (CWO) Thomas Holland, the Regimental Sargent Major (RSM) of the 5th Canadian Division Training Centre, Chief Brendan Mitchell, Lieutenant Colonel (LCol) Errol MacEachern, the Commanding Officer of the 5th Canadian Division Training Centre (CO), Keith Goulding Band Manager and Shelly Garnier Team Lead Client Service Officer

Information Session Location	Date and Time	Address
Stephenville	Monday April 16 at 7:00 PM	People of the Dawn Indigenous Friendship Centre, 90 Main Street, Stephenville
St. George's	Tuesday April 17 at 7:00 PM	Ktaqmkuk Mi'kmaq Museum, 183 Main Street, St. George's
Corner Brook	Wednesday April 18 at 7:00 PM	Qalipu Community Room, 1 Church Street, Corner Brook
Gander	Thursday April 19 at 2:00 PM	Albatross Hotel, 114 Trans Canada Highway, Gander
Grand Falls-Windsor	Thursday April 19, 2018 at 7:00 PM	Qalipu Community Room, 28 Hardy Avenue, Grand Falls-Windsor

Community News



**"My son, Curtis enjoying the water song!!
Pure joy learning our heritage"**

Winter Feast at Bennett Hall in Corner Brook during the winter carnival.

-Submitted by Kelly Piercy.



ALYSSA RANDALL

Alyssa is a Qalipu funded student attending the University of Waterloo now in her second year of studies in Environmental Engineering. Alyssa is also performing well as a runner for the University's cross country team, the Warriors. Alyssa was just named co-captain for the next running season and recently led her team to a 7th place finish at the Ontario Provincial Championships, and then a 14th overall finish in the Canadian University Championships in Victoria, B.C. Way to go Alyssa!

Submitted by Greg Randall



A big turn out for Winter Feast, hosted by the Corner Brook Aboriginal Women's Group
Photo submitted by Keith Goulding

Community News

UPDATE FROM BURGEO QALIPU CORP.

SUBMITTED BY ELAINE INGRAM

RATTLE MAKING In January, a rattle making workshop was hosted by Greg Janes. Thirty participants, both adults and youth, came out to enjoy the fun learning experience and make their own rattles.

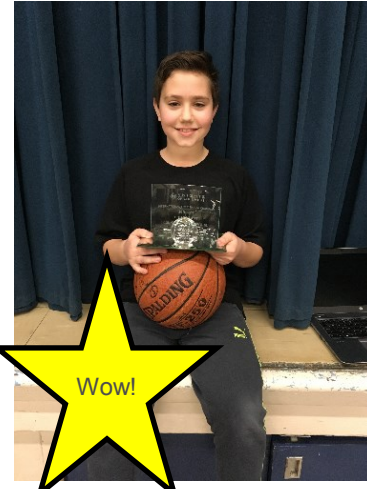
SOUTHERN EAGLES In February, the community started its own drumming, rattle and singing group. There are approximately 15 people showing an interest in the musical group. Elaine Ingram said the group is finding it a little hard because nobody has experience teaching the songs however, since the group is eager to learn, they are listening to videos and moving forward as best they can.

BURGEO BAND In March, Burgeo formed its own Indian Band. The elected representatives are as follows: Greg Janes, Chief; Gary Warren, Vice Chief; Kate Strickland, Secretary; Elaine Ingram, Treasurer; Ron Green, Councilor at Large; Larry Rhymes, Councilor at Large

"We have many plans for the coming months and we will continue to move forward" -Elaine Ingram



ETHAN HEWITT, INTERNATIONAL CHAMPION



Mary Queen of Peace student, Ethan Hewitt, is the 2017 Grade 4 North American champion of the basketball free-throw competition sponsored by the Knights of Columbus. The 10-year-old Qalipu member from St. John's initially took part in competition

within his own school, moved on to district and regional competition at Macdonald Drive School in St. John's and then to provincial competition at Grand Falls-Windsor. Scores were then sent to American-based judges for review and to determine winners. Ethan was the only winner from Canada in any grade! Congrats Ethan!



Education and Training staff, Yvonne MacDonald and Vickie MacDonald participated in Grenfell Campus' 2ND Career and Entrepreneurial Expo on Tuesday, March 6th. With more than 180 undergraduate and graduate students about to receive their degrees in May, this networking event was the perfect opportunity to connect highly skilled graduates and alumni with potential employers.

Community News: Indian Cove Women's Circle

SUBMITTED BY DARLENE SEXTON



The Indian Cove Women's Circle is a Women's Group, under the umbrella of The Newfoundland Aboriginal Women's Network (NAWN), located in St. George's. This women's group is very active and over the past eight years have been known for the Senior Socials they sponsor, five to six times a year. The socials originated as a project to provide the seniors of the area with a fun filled afternoon of entertainment and physical, emotional, spiritual and cultural activities. These socials were funded by various government organizations.

SENIORS SOCIAL



The first Senior's Social of 2018 was held on March 13th from 2-4pm, at the Parish Hall in St. George's, with a St. Patrick's Day theme. Forty-nine people participated in this event.

The afternoon started with a prayer by Leona Bennett. She then expressed thanks to the individuals who donated prizes and gave an overview on up-

coming events in the community.

During the social, Geneva Dunphy, Public Health Nurse, conducted a blood pressure clinic. These clinics have proven to be a very important part of the socials, as there were instances when participants were advised to seek medical attention after getting their blood pressure checked. The clinic encourages the participants to have their blood pressure monitored regularly.

Eleven games of bingo were played, as well as a door prize draw and two draws for Coleman's gift cards. The usual give away table was set up with each participant receiving a prize.

A massage exercise and a walking exercise were completed before a light lunch was served. The lunch consisted of sandwiches,

fruit, yogurt, cupcakes, and fruit loaves. Tea, coffee and water were available throughout the afternoon.

Entertainment was provided by Ryan Perrier and Jack Cormier, who played the accordion, while the participants

enjoyed their lunch. Everyone enjoyed the entertainment, and there were even a few dances before the music stopped.

After lunch, the remaining games of bingo were completed. The participants were very appreciative and thanked us for a wonderful afternoon. All are looking forward to the next social.



These socials are very important to our community, as they provide a few hours of entertainment and socialization for our seniors. For some, it is the only opportunity they have to get out, meet up with old friends and socialize for a few hours. We are grateful to the organizations that have sponsored this event over the years, and recently to NAWN for the financial support they have provided to our group.

Stories@qalipu.ca

There are two areas that the Chief is currently focusing on in his negotiations with Canada. 1. Residents in and around the 67 recognized Mi'kmaq communities who were assessed on the points system, and 2. Grassroots people/early members of the FNI who voted to create the First Nation but are now at risk of losing their status. If your situation fits this focus area, please send your story to stories@qalipu.ca

What are you going to do with my story?

Chief Mitchell is working toward new negotiations for fair treatment of people who may have fallen through the cracks in the enrolment process.

We want to hear your stories so that they can be presented to government. By becoming familiar with individual stories, Chief Mitchell will better be able to advocate for you. This is more than numbers, it's about our people.

We may also ask your permission to use your questions, or unique situations for Q & A to help people who may share the same questions and concerns.

COMMUNITY NEWS



Collection of potato stamp art created by students at Sacred Heart Elementary



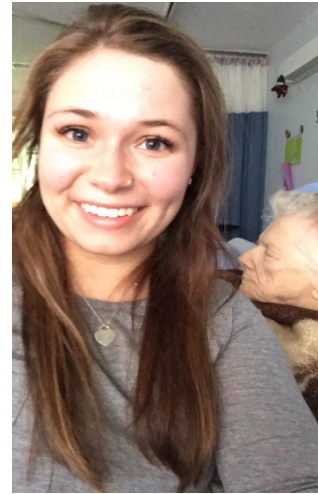
QNR staff Sara Leah Hindy and Randi Morgan taught students how to create potato stamp art



SUPPORTING AGRICULTURAL LITERACY

Submitted by Sara Leah Hindy, Mi'kmaq Cultural Interpreter

Throughout the month of March, agriculture comes alive in Canadian classrooms as students participate in educational activities about agriculture. This year, Qalipu First Nation's Department of Natural Resources teamed up with the Department of Fisheries and Land Resources and beekeeper, Eric Leonard, to offer a day of fun-filled activities at Sacred Heart Elementary. Students participated in a variety of activities, including potato stamping, planting tomato seeds, playing agricultural plinko and learning all about bees!



MEET CLAIRE

SUBMITTED BY SHELLEY GARNIER,
TEAM LEAD, EDUCATION AND
TRAINING

Hi, my name is Claire Rowe.

I graduated with high honors, French Immersion, from Harbour View High School in Saint John, New Brunswick.

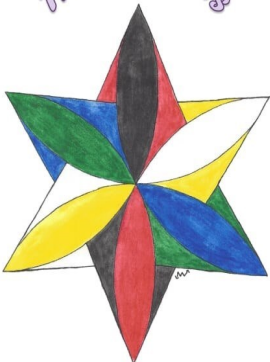
I have always wanted to be a nurse so, naturally, I applied to the LPN Program at the N.B. Community College (NBCC) and was accepted. With the funding I received from Qalipu First Nation, I completed the intense 2-year program. I graduated with high honors and got a job in March before I actually completed the program in June 2017. I continue to work at the Rocmaura Nursing Home in Saint John, New Brunswick today!

I would like to express my deepest appreciation for all who helped and had a say in my funding allotment to allow me to continue my education and be in a job I absolutely love!

Sincerely,

Claire Rowe

*Singing with
The Ancestors*



NEW! CHILDREN'S SONGBOOK

A collaboration between Delina Petitpas, Marcella Williams and Shane Snook, **Singing with the Ancestors** is a resource for our youth to easily learn about Mi'kmaq language, music and culture. [Check it out by clicking here](#)

DULUX PAINTS

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Qalipu First Nation

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Mi'kmaq Language Lesson

Submitted by Dean Simon

Kwe' nitaptut (GWAYY. KNEE-DUP-DOOT).
Hello my friends.

Me'talwlo'Itioq (MAY-DOLL-WELL-LOHH-L-
TEA-OH). How are you all doing?

In a previous lesson we learned how to say
"Thank-you" from one person to another. Now we
will learn to say "thank you" to a group from one
person and "thank you" from yourself AND others.

Wela'lioq (Well-la-lee-oh) Take note the the 'q'
at the end is not included here in phonetics
(brackets). The gutural 'q' is very difficult to repre-
sent in English phonetics and can be confusing to
the new learner, and is therefore omitted here, but
ending in (-oh) is a good approximation.

Furthermore, if you want to thank someone on
behalf of yourself AND others we say ...

Wela'liek (Well-Laa-Lee-ek) ... take note the
apostrophe indicates that the vowel should be
held a little longer. There is no difference between
a group thanking a single person or another group.

Wela'lin, wela'lioq, wela'liek ... Now you are com-
pletely prepared to be thankful.

Ke' siawi-l'nuisultinej nitaptut (GAY
SEE-A-WE L-NOO-WE-SUL-TEA-NEJ KNEE-DUP
-TOOT)

Let's please keep speaking Mi'kmaw together my
friends! Ti'n So'sep Simon

**Dean Simon is former Language Apprentice
with Flat Bay Band Inc.**



SAVE THE DATE! EXPLOITS MAWIO'MI JUNE 22-24

The second annual Exploits Mawio'mi will be
held at Gorge Park West in Grand Falls-Windsor
June 22-24, 2018. Please sign up to be a
volunteer, or apply to become a vendor, by
contacting eacgfw@gmail.com

**Are you an Indigenous person currently studying or a
university graduate? Are you considering medicine as
a possible career choice?**

If so, this event may be of interest to you!

Pre-Med Summer Institute
Happy Valley-Goose Bay, NL
Date: 2018 July 2-20

The Pre-Med Summer Institute is one of the Aboriginal Health initiatives of Memorial University's Faculty of Medicine. It is an intensive, non-credit program offered for three weeks (July 2-20, 2018). The institute provides experience in a clinical environment for selected candidates who are thinking seriously about pursuing a career in medicine and who wish to apply for admission to Memorial University's Faculty of Medicine. Candidates are selected through an application process from the First Nations, Inuit and Southern Inuit communities in Newfoundland and Labrador. Selectees will be placed at the Labrador Health Centre in Happy Valley-Goose Bay. During the three weeks, participants will converse with physicians, medical residents and students and have some exposure to various health care situations.

To find out more about the institute and to submit an application please visit the Aboriginal Health Initiative website at <http://www.med.mun.ca/ahi/home.aspx>

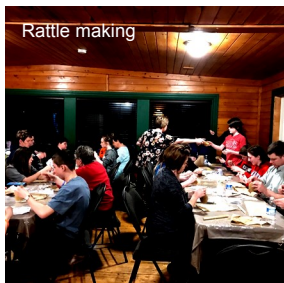
DANCERS AND DRUMMERS OF THE NEW DAWN

Submitted by Jenna Osmond, Manager of Health Services



Qalipu First Nation offered Dancers and Drummers of the New Dawn: A Cultural Approach to Violence and Bullying Prevention to the Na'taqamtug Cultural group, consisting of youth from both Badger and Grand Falls-Windsor.

The program took place at Kilmory Resort in Swift Current the weekend of March 9-11, 2018. Youth were given the opportunity to gain valuable knowledge and engage in cultural practices by participating in various cultural teachings and activities, such as dancing and drumming throughout the weekend.



Two programs, Dancers and Drummers of the New Dawn and Elder Face, an elder abuse awareness program, happened simultaneously in hopes of bridging the intergenerational gap between youth and elders. Participants of all ages spent many hours together sharing meals, talking, and craft making. Both groups had a wonderful weekend and many new friendships were formed.



RESEARCH FOCUS: BANDED KILLIFISH

Submitted by Stephen Rose, Natural Resource Technician

The banded killifish (*Fundulus diaphanus*) is a small fish that is generally between the size of a stickleback, commonly known as pinfish, and a brook trout. They have an olive-like color with alternating lighter and darker stripes on their sides stretching from their back to their stomach. Although banded killifish are found throughout Atlantic Canada and into Manitoba, there are only seven documented locations in Newfoundland and Labrador. Of the seven sites, six are in coastal southwestern Newfoundland, and the other is north-eastern Newfoundland.

The lack of information about where the banded killifish are found has presented an opportunity for the Qalipu Natural Resource Department (QNR) to do more research on developing a better understanding of other locations and the habitat preference for the Newfoundland population. During the 2016 field season, QNR staff discovered banded killifish in a remote, high elevation pond in the Bay of Islands region. This discovery led to an expansion in sampling effort throughout the Bay of Islands region for the 2017 season. The sampling season went well this year with the rediscovery of banded killifish in the

pond where they were found last season during random exploratory sampling. The other ponds that were sampled this season didn't yield killifish. However, this could be due to a number of reasons. One observation QNR made this year was a temporal (seasonal) variation in catch success. By adjusting our trapping times, QNR suspects that we will improve our chances of catching banded killifish in various sampling areas next year, if they are present.

QNR is happy with its repeated findings in the Bay of Islands this year and are already making plans for the upcoming season. Pending an increase in resources, QNR hopes to gather more information on the seasonal distribution of banded killifish in the Bay of Islands pond, increase the number of sampling sites (including some very remote ponds), and increase the length of the sampling season.

For More information about banded killifish, [please click here](#)



Banded Killifish (*Fundulus diaphanus*)

Konrad P. Schmidt



Council Meeting Report



Qalipu Chief and Council received a presentation from the Town of Stephenville (L-R) Gander Bay Ward Councilor, Calvin Francis; Corner Brook Ward Councilor, Brian Dicks; Flat Bay Ward Councilor, Ben Bennett; Grand Falls-Windsor Ward Councilor, Andy Barker; Town of Stephenville Councilor, Mark Felix; Qalipu Chief, Brendan Mitchell; Stephenville Mayor, Tom Rose; Port au Port Ward Councilor, Jasen Benwah; Benoit's Cove Ward Councilor, Bern White; and Stephenville Ward Councilor, Gerard Alexander

A regular meeting of Chief and Council was held at the Qalipu Community Room in Corner Brook on March 16, 2018. The main item on the agenda was review and approval of 2018-2019 Annual Operating Plans and budgets. Directors of each of the Departments were in attendance to present their plans, and answer questions. Other items on the agenda included a Qalipu Development Corporation update, question and answer period with members in attendance, a presentation from the Town of Stephenville, and an enrolment update.

QDC Committee Update- Brian Dicks, Corner Brook Ward Councilor A subcommittee was put in place to bring recommendations to council regarding the reorganization of QDC, the for-profit, arms-length branch of Qalipu. It's been about a year since the committee got together, and to date,

they have brought recommendations which were approved through Council to move forward. A General Manager has been hired. The next step is to identify Board of Directors. The subcommittee is now vetting names of individuals that have been identified. The subcommittee will present those names to Council for approval in the near future with the expectation of having a Board of Directors in place by the start of April. An Operating Plan draft, including investment parameters, terms of reference, operations related issues, is being prepared and will be presented to Council once finalized.

[Please click here to visit our website to view the Council Meeting Report in full.](#)



Eulogy for Nine Wandering Indians

CO-AUTHORED BY LEN MUISE AND MELVIN WHITE, ST. GEORGE'S NL, WINTER 2018

Solemn entry in the Parish of St. George's, NL church registry dated June 10th, 1862:

According to news received from wandering Indians it was supposed that about the 2nd of January, 1862, in the woods about 12 miles from civilization, that nine persons perished from hunger. A funeral service is held for these persons. They are: Francois, age 48; Marie, his wife, age 46; their children, three boys and four girls: Marie, age 26; Julienne, age 13; Christine, age 3; Etienne [Stephen], age 16; Francois, age 8; one with unknown name; one girl, unknown name. They were all Indians. The news was brought by a brother of the father.

Note by authors: the term “Wandering Indians” was the generally derogatory term used by most Europeans to describe Mi'kmaw Indians in the time period this story occurred in our history. These Newfoundland Mi'kmaw were not wandering Indians but rather nomadic Indians, as their hunting and trapping lifestyle required them to move around from place to place.

Father Belanger, parish priest for the Diocese of St. George's, NL at that time, did not record any last names in the church ledger for this entry, therefore it is not used in this eulogy for the

family. There is no record of a formal burial site for these people, nor is there any oral knowledge of the exact location of their untimely deaths, other than it was 12 miles from civilization, based on the estimate given by the brother reporting the incident to the priest. It is perhaps safe to speculate that the burial site would be very close to where the family perished from hunger and the elements. Multiple deaths caused by accidents, starvation, fire or some other natural calamity were very common in pre-confederation Newfoundland; deceased persons were usually buried close to their death site if the incident happened away from a local, well-established town. Local folklore suggested that Francois' brother was Athanase Angelique? [a.k.a. Antignish or Tignish]. People around Flat Bay, St. George's and area would say of someone who was a little tardy or laid-back, “you're as slow as Tignish” or something like “you're more forgetful than old Tignish”.

[Read the rest of this story on our website by clicking here.](#)



Qalipu First Nation

The presence of Mi'kmaq populations living in Newfoundland was ignored in the Terms of Union when Newfoundland joined Canada in 1949.

In the 60 years that passed before recognition was achieved in 2011, the caribou people had roamed far and wide.

Qalipu (Pronounced: ha-lee-boo, Meaning: Caribou) is a vibrant Mi'kmaq First Nation established in 2011 as an Indigenous Band under the *Indian Act*. With some 24,000 members spread across many communities both on the island and abroad, we are one of the largest First Nation groups in Canada.

Qalipu has no reserve land; it is made up of sixty-seven traditional Mi'kmaq communities, spread out over nine Electoral Wards. An elected Chief and Council govern the Qalipu First Nation. Ward Councilors are elected to represent each of the nine Wards. Additionally, two Vice-Chiefs represent western and central Newfoundland and the Chief is the official spokesperson and leader of the Qalipu First Nation as a whole.

Qalipu has three satellite offices located in Glenwood, Grand Falls-Windsor, and St. George's. Its central administrative office is in Corner Brook. These offices give representation to the regions of our dispersed Mi'kmaq communities.

Core programs and services are delivered by a dedicated body of staff. Our service offering includes education and training, tourism development, health benefits and services, employment programs, registration assistance, natural resource management, culture and heritage and community economic development. Qalipu also conducts a variety of special programs which vary from year to year.

Economic and corporate development are led by the Qalipu Development Corporation (QDC). The QDC was established by the Chief and Council as an independent, arms-length corporate business entity. It functions as a holding company for all business operations and investments of the QFNB. Its primary mandate is to manage the Band's portfolio of existing business operations and seek new investment and joint-venture opportunities to ensure the Band's long term economic growth and overall sustainability.

Get to know us better by exploring our website, Qalipu.ca, or spending time with us at National Aboriginal Day and other celebrations that are shared on our events calendar.



Qalipu
FIRST NATION

Contact Us

Maw-pemita'jik Qalipu'k is your Indigenous community newsletter. In it, we aim to share not only the happenings of the Band but also, to help connect our dispersed communities.

If you would like to give your thoughts on what you've read here, or share an upcoming community event, achievement, news item, or anything else that may be of interest to the community, please get in touch:

Alison White
Communications
Qalipu First Nation
Tel. 709-634-5163
Email awhite@qalipu.ca

Visit our website

WWW.QALIPU.CA