



Qalipu
FIRST NATION

MAW-PEMITA'JIK QALIPU'K

THE CARIBOU ARE TRAVELLING TOGETHER

Qalipu's Newsletter

August 2018

NATIONAL INDIGENOUS PEOPLES DAY ACROSS THE PROVINCE



NATIONAL INDIGENOUS
PEOPLE'S DAY 2018



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SCIS Applications and Renewals

If you would like assistance applying for, or renewing your Secure Certificate of Indian Status, please contact the representative in the office nearest you.

St. George's, Stephenville, Corner Brook

Jody Davis
Tel. (709) 634-4010
email jdavis@qalipu.ca

Glenwood, Grand Falls-Windsor

Charmaine Bath
Tel. (709) 679-2142, 1-855-263-6440
email cbath@qalipu.ca



August 14, 2018 Indigenous Leaders of Newfoundland and Labrador meet with the new Minister of Fisheries, Oceans and Coast Guard, Jonathan Wilkinson.

L-R (back) Qalipu Chief Brendan Mitchell, NunatuKavut Community Council President Todd Russell, Minister of Lands and Natural Resources for the Nunatsiavut Government Tony Anderson, Grand Chief Gregory Rich of the Innu Nation,

L-R (front) Minister Jonathan Wilkinson and Miawpukek Chief Mis'el Joe.

TEL 709-634-6895

COMMERCIAL SPACE FOR LEASE IN GRAND FALLS-WINDSOR

LOCATION: 28 HARDY AVENUE

AVAILABLE: IMMEDIATELY

APPROXIMATELY 790 SQUARE FEET IS AVAILABLE WHICH IS SUITABLE FOR OFFICE OR RETAIL SPACE. COMMON KITCHEN AND BATHROOM AREAS. WHEELCHAIR ACCESSIBLE. LARGE PARKING LOT. HEAT AND LIGHT INCLUDED.



Ktaqmkuk Mi'kmaq Place Names Project: Please Contribute Your Photos, Videos and Stories to our NEW Interactive Map!

Throughout Mi'kma'ki (traditional Mi'kmaq lands), places were often named to describe landscape features, to aid in navigation, and to locate specific resources. Names like Pilmuipe'katik (where mint grows along the brook) speak to a traditional way of naming lands and water features that was useful and practical for the people of the day.

The Ktaqmkuk Place Names Project aims to capture and record this information, these place names and what they mean for our knowledge and for future generations. In this way, we better understand who we are and where we come from.

The Ktaqmkuk Place Names Project has been evolving since the Federation of Newfoundland Indians (FNI) first Traditional Use Study in 1999, and through subsequent TUS studies completed by both the FNI and Qalipu. Recently, Qalipu partnered with the College of the North Atlantic and Memorial University's Grenfell Campus to compile information into an interactive map which includes more than eighty place names collected from community members. The map includes translations, Mi'kmaq pronunciations, and other information which is now available on our website. We encourage you to have some fun explor-

ing the map which you can find linked below.

As an extension to this project, we would like to make the map more interactive by adding photos, videos, audio and stories.

Are you from Nujio'qon (St. George's) and have a story to tell about this place, the earliest recorded Mi'kmaq settlement on the island?

Or maybe you've spent time on the country and have pictures to share of Sko'pa'qan Pim'tin (Lookout Mountain). What about the little-known community of Nanetetig (Muddy Hole)?

We would love to hear from you on this next phase of the Ktaqmkuk Mi'kmaq Place Names Project. Please get in touch!

Please contact:

Nicole Travers
ntravers@qalipu.ca
tel. (709) 634-3856

[Click Here to view the Ktaqmkuk Interactive Place Names Map](#)

WIN THIS PRINT!

Early Bird Tickets are now on sale for the Ke'tipnemk (Harvest) Fundraising Dinner & Silent Auction scheduled to take place on October 13th, 2018 from 6 -9pm at Jennifer's Restaurant in Corner Brook. Tickets are \$50 each.

If you purchase your ticket before Sept 13th, 2018 your ticket number will be entered to win this Brian Lasaga Print "Along the Coast"

Tickets can be purchase by calling Megan Newman 634-5479 or by stopping into Qalipu's Corner Brook Office.



Paula Hall Presents at Parliament Hill



On 11 June 2018, Qalipu member Paula Hall had the opportunity to speak at a Parliament Hill reception about the successes being achieved through the Indigenous Science, Technology, Engineering and Math (InSTEM) program for which she is a major contributor. The event was hosted by the Speaker of the House, Geoff Regan, MP Charlie Angus & MP Marilyn Gladu. It was attended by Members of the House of Commons, Senators and Parliamentary Secretaries and other related staff.

The InSTEM high school program, which is being successfully delivered in Ottawa, is founded on a partnership between Actua (the largest STEM outreach organization in Canada), University of Ottawa Engineering Outreach and the Ottawa-Carleton District School Board. The program, now offering a credit toward high school graduation, enables Indigenous students to experience STEM through the lens of both Indigenous cultural knowledge, and western science, technology, engineering and

mathematics. The goal of the project is to create learning environments where Indigenous students see themselves being successful within the STEM fields of study, also providing cross cultural learning experiences for participating non-Indigenous students. Uniquely, the project includes Indigenous Elders and Traditional Knowledge Keepers who share to traditional ways of living in nature and the and where there is alignment with Western science.

In addition to speaking about the innovation and success students were experiencing through the InSTEM program, Paula created and gifted handmade traditional earrings to Minister of Indigenous Services, Jane Philpott. Minister Philpott wore these earrings throughout the event.

Paula is a high school vice-principal in Ottawa, she has taught the InSTEM program in 2017 and has responsibility for Indigenous programs and partnerships at her school.

She attributes her drive to support Indigenous students and families to her supportive family: Qalipu member Donald Bennett (Grandfather), Doreen Bennett (Grandmother), Qalipu member Roseanne Hall (Mother), Raymond Hall (Father), Qalipu member Brian Hall (Brother), Qalipu member Darren Hall (Brother) and entire family who maintained the importance of giving back to your community and honoring Mi'kmaq culture.



Beading Circle and Community Social

Beginning September 18th, and running every Tuesday from 6:00-8:00 PM, the Elmastukwek Beading Group will meet at 1 Church Street in the Qalipu Community Room. Everyone is welcome. Please register upon arrival.

Please bring along a pair of scissors, a pen/pencil, paper for taking notes and a small ruler.

Led by Carrie Lynn Brake and Friends. For more information visit the [Elmastukwek Facebook Page](#)



REQUEST FOR PROPOSALS

Date	Item	Deadline
August 1, 2018	Snow Clearing	August 24, 2018
August 1, 2018	Cleaning and Maintenance Services	August 24, 2018

PARTNERING TO CREATE OPPORTUNITIES FOR YOUTH

Submitted by Kim Sheen, DFO Fishery Officer

In the spring of 2018, the Department of Fisheries and Oceans and Qalipu First Nation partnered to share an opportunity for an Indigenous student between the ages of 19-29 to work with a DFO Fishery Officer in the Corner Brook area as a pilot project and introduce him/her to the diverse roles of a Fishery Officer and other agencies within Conservation and Protection.

DFO was very fortunate to have Lexi Frequet hired as the Outreach Coordinator. She was an extra hand to help with World Oceans Day events that took place in 4 different schools on the West Coast of Newfoundland. This initiative was to celebrate with over 800 students the value of our oceans with presentations and fun activities on Marine debris, microplastics, North Atlantic Right Whales and other Species at Risk. We also organized beach clean-ups and ocean art for all with the help of many partners.

The Outreach Coordinator assisted DFO for 8 weeks and was also involved in an introduction to the Fishery Guardian Program training and joined with the Aboriginal Fishery Guardian and ACAP data collection on Eel traps, assisted ACAP Humber Arm in microplastic collection for MUN, CSSP patrols and helped with the local marina. Other initiatives within the 8 weeks involved DFO equipment maintenance, a tour by the Canada Coast Guard rescue team and office administration duties along with a certificate in a Radio operator course.

It was a great opportunity for this region to lead the initiative of working with an Indigenous student in the protection of our oceans, educating the public and promoting compliance in fish and fish habitats. An introduction to the public service and an opportunity to gather insight on a future career within the Department of Fisheries and Oceans was indeed our goal on this pilot project.



Kim Sheen and Lexi Frequet



Did you have an awesome summer student funded by Qalipu this year? How about a young achiever in your life? Let's celebrate them! Send your pictures and stories to awhite@qalipu.ca

Qalipu to Host Annual General Assembly

Notice of Annual General Assembly

Qalipu's AGA will be held on September 15, 2018, 1:30-3:30 PM at the Parish Hall in St. George's. This meeting is open to members only. To register, please present your registration number and identification upon entry.

CELEBRATING ACCEPTANCE INTO THE ASSEMBLY OF FIRST NATIONS: MESSAGE FROM THE CHIEF, JULY 31, 2018

Kwe'

I'm pleased to greet you today, back home in Newfoundland after a visit to Canada's west coast for the 39th Annual General Assembly of the Assembly of First Nations (AFN) in Vancouver. The AFN represents some 900,000 First Nations people in Canada, across hundreds of communities and I'm pleased to say that the Qalipu First Nation, and its membership, is now a part of that family.

Acceptance into the AFN is a significant moment for our First Nation. This move will allow the Band to have a strong national voice and become a part of the wider First Nation community in Canada, sharing ideas and learning from the experiences of other First Nations.

[Click here to continue reading the Message from the Chief](#)



PRE POWWOW GATHERING AT THE FRIENDSHIP CENTRE

A nice crowd gathered at the People of the Dawn Indigenous Friendship Centre to sing songs, catch up and enjoy a feast in advance of the 2018 Bay St. George Powwow in Flat Bay.



Qalipu Election 2018

Notice of Amendment Vote

Per Section 34 of the Custom Rules Governing Qalipu Mi'kmaq First Nation Band Elections, we wish to advise our members that a referendum vote to amend the Custom Rules will be held on October 23, 2018 at polling locations in each of our nine Wards, and at an Advance Poll to be held on October 16. Amendment voting ballots will also be included in mail-out voting packages provided in the 2018 Qalipu general election.

A summary of the proposed changes can be found in [Referendum Vote Q & A on our website.](#)

A full copy of the Custom Rules with amendments will be available to membership upon request at such time that the voters list has been finalized. We expect to have this list by August 31, 2018.

Request Your Mail-in Ballot

Did you know that any eligible voter can request a mail-in ballot?

If you will not be able to make it out to the poll on election day, have mobility issues, live a long distance from your polling station, or would like to avoid the long lineups on voting day, please request your mail-in ballot now.

The final day to request the ballot is October 9 but, applying early is key. Qalipu will be sending out the prepared ballots as soon as the nomination period closes and we know our candidates.

Why not apply for your mail-in ballot by completing our easy electronic form now? Just fill out all fields and click send. It's as easy as that.

[Please click here to complete the mail-in ballot application form.](#)

Have You had a Change of Address?

Please notify both INAC and the Qalipu First Nation when you have a change of address. This will ensure that you continue to receive important communications, and that we have you listed in the correct electoral Ward, and that you are eligible to vote in that Ward.

To update your address with Qalipu, and to talk about how to update your address with INAC, please contact Charmaine Bath at (709) 679-2142 or toll-free (in Newfoundland) 1-855-263-6440

CENTRAL NEWFOUNDLAND MI'KAMW LANGUAGE CAMP, REGISTER NOW!

Camp Dates
October 11th to 15th, 2018

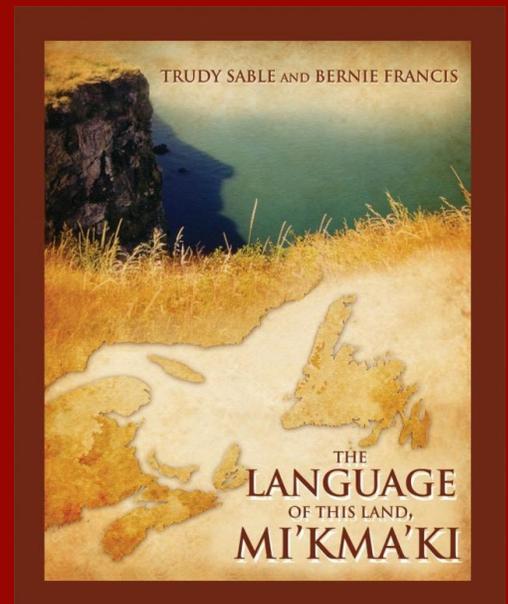
Facilitated by Dr. Bernie Francis and Mr. Curtis Michaels

The whole family is welcome, and encouraged to learn the basics of our precious Mi'kmaq language.

Participants must pre-register and attend all course days. Cost of the camp is FREE

Registration Deadline August 31, 2018
[Click here to view the Application](#)

*This is an initiative of the Mi'kmaq Heritage Research Restoration Association



Experience Qalipu Summer Fun



LEARN TO CAMP On June 20th, Qalipu First Nation and the Norpen Aboriginal Women's Circle joined Parks Canada to provide a historically and culturally rich Learn-to Camp experience at Port au Choix's Historic Site. Here, families gathered on

grounds steeped in 6000 years of history, to share in a camping experience anchored in the same barren land and rugged coastline, sculpted by the wild and bountiful ocean, that has called peo-

ple to this space from time immemorial.

As a family of caribou grazed in the distance, people of all ages found themselves immersed in the richness of nature and togetherness, sharing in art, storytelling, food, songs and ceremony. With the setting of the sun, campers gathered in a circle to celebrate new experiences, new friends, and shared moments in this magical place and the sounds of an incredible Learn-to Camp experience could be heard in the singing and drumming carried by the wind.

Parks Canada's Learn-to Camp program is a nation-wide initiative to provide opportunity for Canadians to engage in a camping experience that connects them to natural and cultural heritage. This has been the first Indigenous focused Learn-to Camp event in the province.



FAMILY DAY On Saturday, July 7th, the Qalipu First Nation partnered with the Norpen Aboriginal Women's Circle to share Mi'kmaq culture at Parks Canada's Family Day in Shallow Bay.

Tourism Development Officer Tara Saunders said that taking the opportunity to celebrate

She said, "The Band set up a wigwam, provided the kits for a drum making demonstration, and assisted in a rattle making craft with the children. Hundreds of children were given the opportunity to learn about drum making and make their own rattles. Norpen, as always, was an excellent partner. They led a drumming circle and shared songs throughout the day. We are always thankful for opportunities like these to get outside and make positive connections."

Qalipu has been involved in several initiatives with their partner, Parks Canada, including development and delivery of the Taste of the Great Outdoors program, interpretation training for Qalipu member businesses, and knowledge sharing in tourism development. The Band is also exploring ways of working with the Eastern Field Unit on future initiatives.



culture with others, and make positive connections, is very valuable to the Band.



CULTURAL DAY AT THE KTAQMKUK MI'KMAQ MUSEUM

On July 19th Experience Qalipu helped facilitate a Cultural Day at the Ktaqmkuk Mi'kmaq Museum.

This 19th century fully restored court house is now the only provincial Mi'kmaq Museum in the province, and it belongs to the St. George's Indian Band under the leadership of Chief Marlene Farrell.

visitors around the region. Darlene Sexton prepared bannock and jam, Nicole Travers shared the Waltes game, the museum's summer students offered crafts for children, Julia Blanchard and Scott Butt danced, and all the singers in the room came together to share songs.

The [Ktaqmkuk Mi'kmaq Museum](https://www.facebook.com/experienceqalipu/) is now open for the season and welcomes visitors from 10:00 AM to 5:00 PM daily.



Follow the Tourism division on Facebook to stay connected with Indigenous Tourism Operators in the Province, and to hear about upcoming events and opportunities:

<https://www.facebook.com/experienceqalipu/>

Many volunteers came together to make this a special day for



EXPERIENCE
QALIPU

Electronic Funds Transfer Faster, Safer than Sending Cheques in the Mail

The Medical Transportation Benefit is an element of the Non-Insured Health Benefits (NIHB) program, a health plan which all members of Qalipu, and other First Nations and Inuit in Canada, are eligible to receive. The benefit provides financial compensation, based on rates set by Health Canada, for the cost of travel, meals, and accommodations for members with a health condition requiring travel to locations outside their communities to receive necessary medical services.

Qalipu First Nation provides the support, pre-approvals, processing and payment for all Medical Transportation Benefits of members of the Band who are living in Atlantic Canada and travelling within Canada for medical reasons.

Mitch Blanchard, Manager of the Health Services Division says that many members still have not signed up for Electronic Funds Transfer but, they should.

“Processing cheques takes time,” Blanchard said, “we’re talking about clients waiting an additional week or more when they could

already have access to their money if we had the information we needed to put it right into their bank accounts.”

Blanchard also noted that clients who have not signed up for EFT also run the risk of having cheques lost or stolen in the mail or delivered to the wrong address.

“I encourage all members to sign up for Electronic Funds Transfer now, our team will be more than happy to assist clients with setting it up.”

Members are reminded that while they may have provided EFT information to Health Canada, they will need to provide this information to Qalipu in order to receive payment on Medical Transportation Benefit claims.

[Please click here to access the form to sign up for EFT.](#)

For more information about your Non-Insured Health Benefits, please visit our website and [follow us on Facebook](#) for information, tips and upcoming events.

Notice of Rate Increase, NIHB

The Health division wishes to advise members that Indigenous Services Canada has initiated a rate increase for mobility and self-care aids, effective June 18, 2018. Please visit our [website](#) for a table showing these changes.

For more information on your Non-Insured Health Benefits, eligibility, and to find the forms you need to make a claim for reimbursement, please visit our website at <http://qalipu.ca/health/non-insured-health-benefits/>

Please remember, Qalipu is only processing claims related to the Medical Transportation Benefit. All other claims must be sent to Health Canada.



Troy Bennett and daughter Alexis at Stephenville Day, August 7 2018



Follow the Health division on Facebook to stay up to date on your NIHB services, health promotion initiatives and community health programs: <https://www.facebook.com/qalipuhealth/>

Bay St. George Mi'kmaq Powwow submitted by the BSGMCRC

This message is presented by the Bay St. George Mi'kmaq Cultural Revival Committee (EST. 2005), which plans and hosts the Annual Bay St. George Mi'kmaq Powwow. On behalf of Bay St. George Cultural Revival Committee, we would like to thank all those who attended, participated and helped in any way to make the 12th Annual Bay St. George Powwow 2018 a huge success.

Over the weekend we saw large numbers of people, amazing craft and food vendors, energetic dancers, excellent MCing and lots of connecting and reconnecting between family, friends and lots of new friendships were formed. This year the BSGMCRC added more family activities during our Friday social, also this year a 3rd drum was brought in. This year was one of our best years in terms of energy on the grounds, it was such a positive and connecting weekend.

At this time, we would like to thank all of our sponsors, donators and volunteers.

Gold Sponsors: Heritage Canada, Flat Bay Band, Qalipu First Nation, Southwest Tourism;

Silver: ABADAK Wilderness Adventures, AMGWES Safety Inc.;

Bronze: Skinners Pharmacy, Ghost Train Trucking, Gov of NL;

Friend of the Powwow Donations (Under \$1000/in-kind): Marilyn Matthews, Miawpukek First Nation, Burgeo Qalipu Cultural Committee, Midtown Variety, Colemans Food Center, JM Delanys, Crosswinds Senior Resort; Auction Donators; Arlene White, Bethany Bernier, Phyllis Cooper, Pauline Gilley, Norma Bennett, Jackie Snook, Alfredo Valquez, Crystal Quinton, Michelle Pike-Cormier, Cassandra Beanland, Beverly King, Pamela Snow Bennett, Vanda Martin, Scott Greene Mary Lafitte, Cecil Ryan, Michael Deny, Kelly Anne Butler, Elaine Ingram, Julia Blanchard.

2019 will mark our 13th Annual Bay St. George Powwow and once again the committee would like to thank everyone who has contributed in any way, your support is very much appreciated. It's your pride and passion for our culture which makes this event so successful. Planning will soon be for 2019 and if you are interested in being on the Powwow Committee please contact Cassandra Beanland at 709 647-1370.

A reminder that our Annual Powwow is open to ALL, there is something for everyone to take part in. The 2019 Annual Powwow will be July 12th, 13th & 14th 2019, we look forward to seeing you all there!



Head Female Dancer Sabrina Muise, sharing her knowledge with our youth



Enjoying a round dance



Host Drum Group, Stoney Bear Singers



Chair Arlene White, doing a talking stick teaching/craft during our Friday Social

Exploits Mawio'mi submitted by the Exploits Aboriginal Community Group

On June 23-24, 2018, the Exploits Aboriginal Community Group hosted its 2nd Mawio'mi at Gorge Park West in Grand Falls-Windsor.

The weekend was filled with cultural activities as well as sharing of knowledge. This gathering has proven that we can come together as a community to help build cultural awareness and showcase the beauty, strength and spirit of the Mi'kmaq traditions.

Each Mawio'mi welcomes new opportunities, 2018 saw an increase in attendance as well as new vendors.

We would like to thank the Town of Grand Falls-Windsor, Qalipu

Cultural Foundation, Qalipu First Nation for its continued support, the volunteers who spend countless hours preparing as well as our elders and knowledge keepers- many who travel miles and miles to spend the weekend supporting each other.

If you would like more information or how to become involved please email eacgfw@gmail.com

Photos courtesy of Andrea Ralph



Long Term Eelgrass Monitoring in Little Port Harmon



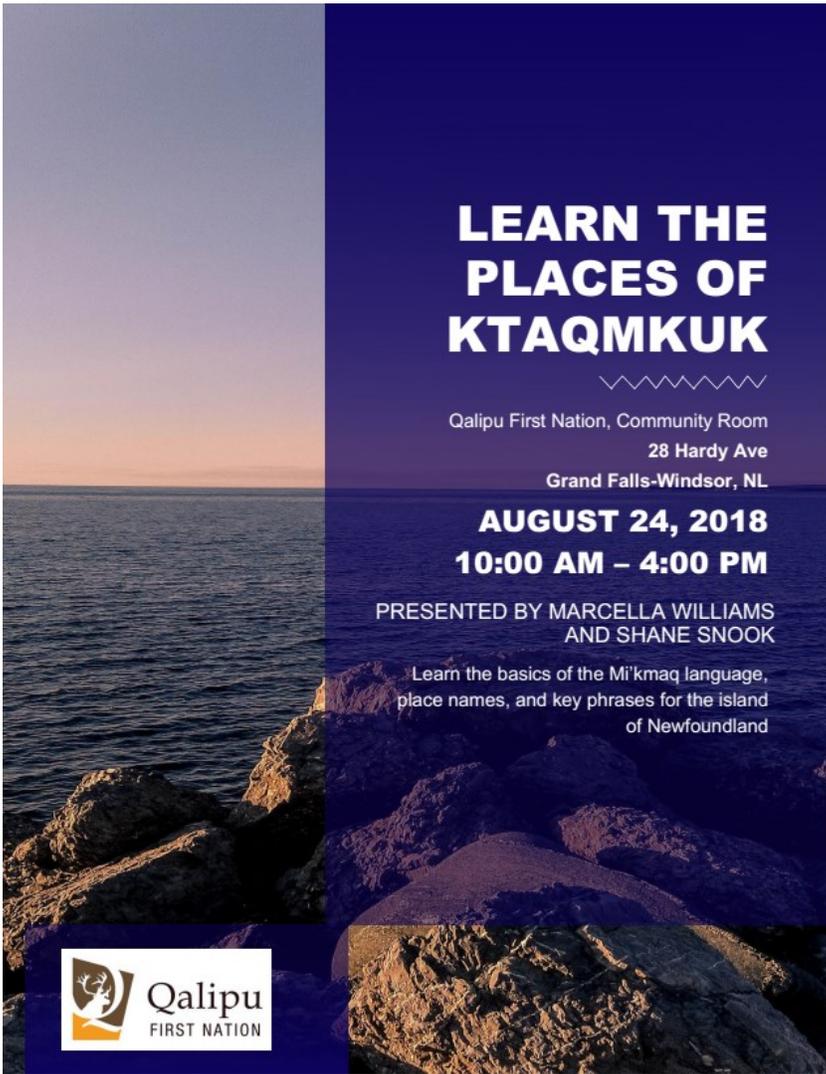
Sea grasses provide important marine species with nurseries, food, and shelter. They filter nutrients, contaminants, and sediments from tidal waters and support tidal communities. Globally, sea grasses are declining in response to pollution, physical disturbances, eutrophication, and introduced species. To track the health of eelgrass in southwestern Newfoundland, MAMKA established a permanent survey site in Little Port Harmon to be monitored annually, and plan to establish a second monitoring site in Goose Arm in August 2018. Three transects were compared to determine if there was any site variation within eelgrass cover or canopy height related to distance from shore. Water quality was also recorded at the time of the survey. Over time this annual survey will help MAMKA monitor eelgrass communities and detect changes that could impact local ecosystems.



OCEANS LEARNING PARTNERSHIP

This summer, the Qalipu Natural Resources Department hosted a six-week internship with Oceans Learning Partnership, a non-profit educational organization, to provide high school student Timothy Lushman with a full-time summer internship position. During the Ocean Sciences and Technology program, Timothy worked alongside Qalipu staff to experience real-world assignments in an office and field setting. His office work contributed to everyday tasks associated with Qalipu staff duties as well as some research and fieldwork preparation. The fieldwork portion of Timothy's internship consisted of wetland photo inventory, river patrolling, piping plover surveys, and green crab trapping with the Aboriginal Fisheries Guardians. By participating in the internship program, Timothy helped acquire key data for further research and project development.





LEARN THE PLACES OF KTAQMKUK

Qalipu First Nation, Community Room
28 Hardy Ave
Grand Falls-Windsor, NL

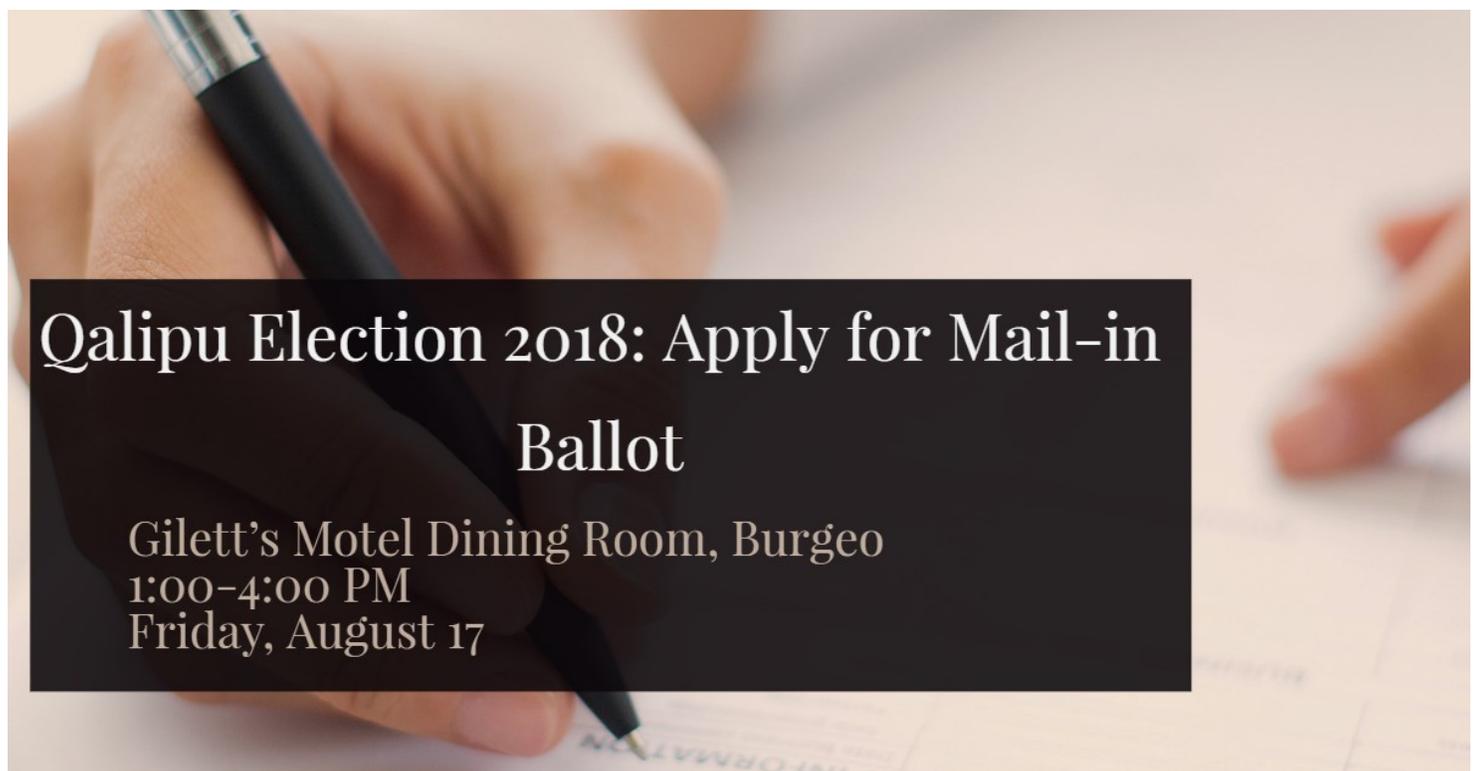
AUGUST 24, 2018
10:00 AM – 4:00 PM

PRESENTED BY MARCELLA WILLIAMS
AND SHANE SNOOK

Learn the basics of the Mi'kmaq language, place names, and key phrases for the island of Newfoundland




13 year old Shanille LaSaga from Flat Bay had a special visitor on her regalia at the 2018 Bay St. George Mi'kmaq Powwow.



Qalipu Election 2018: Apply for Mail-in Ballot

Gillett's Motel Dining Room, Burgeo
1:00-4:00 PM
Friday, August 17

Qalipu First Nation

The presence of Mi'kmaq populations living in Newfoundland was ignored in the Terms of Union when Newfoundland joined Canada in 1949.

In the 60 years that passed before recognition was achieved in 2011, the caribou people had roamed far and wide.

Qalipu (Pronounced: ha-lee-boo, Meaning: Caribou) is a vibrant Mi'kmaq First Nation established in 2011 as an Indigenous Band under the *Indian Act*. With some 24,000 members spread across many communities both on the island and abroad, we are one of the largest First Nation groups in Canada.

Qalipu has no reserve land; it is made up of sixty-seven traditional Mi'kmaq communities, spread out over nine Electoral Wards. An elected Chief and Council govern the Qalipu First Nation. Ward Councilors are elected to represent each of the nine Wards. Additionally, two Vice-Chiefs represent western and central Newfoundland and the Chief is the official spokesperson and leader of the Qalipu First Nation as a whole.

Qalipu has three satellite offices located in Glenwood, Grand Falls-Windsor, and St. George's. It's central administrative office is in Corner Brook. These offices give representation to the regions of our dispersed Mi'kmaq communities.

Core programs and services are delivered by a dedicated body of staff. Our service offering includes education and training, tourism development, health benefits and services, employment programs, registration assistance, natural resource management, culture and heritage and community economic development. Qalipu also conducts a variety of special programs which vary from year to year.

Economic and corporate development are led by the Qalipu Development Corporation (QDC). The QDC was established by the Chief and Council as an independent, arms-length corporate business entity. It functions as a holding company for all business operations and investments of the QFNB. Its primary mandate is to manage the Band's portfolio of existing business operations and seek new investment and joint-venture opportunities to ensure the Band's long term economic growth and overall sustainability.

Get to know us better by exploring our website, Qalipu.ca, or spending time with us at National Aboriginal Day and other celebrations that are shared on our events calendar.



Qalipu
FIRST NATION

Contact Us

Maw-pemita'jik Qalipu'k is your Indigenous community newsletter. In it, we aim to share not only the happenings of the Band but also, to help connect our dispersed communities.

If you would like to give your thoughts on what you've read here, or share an upcoming community event, achievement, news item, or anything else that may be of interest to the community, please get in touch:

**Alison White
Communications
Qalipu First Nation
Tel. 709-634-5163
Email awhite@qalipu.ca**

Visit our website

WWW.QALIPU.CA