MAW-PEMITA'JIK QALIPU'K THE CARIBOU ARE TRAVELLING TOGETHER

Qalipu's Newsletter

June 2019



JUNE 21

Click here for National Indigenous Peoples Day Events Happening Across the Province



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ELDERS MAILING LIST



Members of the Band who are over the age of 65 and cannot access communications on our website are invited to sign up for our mailing list. Please contact communications@qalipu.ca or call 634-5111



Join our Community Mailing List!

You don't have to be a member of the Band to stay in touch and participate in the many activities happening within our communities. Qalipu welcomes status, non-status, and non-Indigenous people to connect and get involved! <u>Click here to join!</u>

Youth Summer Employment Program 2019

THE YOUTH SUMMER EMPLOYMENT PROGRAM provides wage support to community organizations who, in turn, provide Indigenous youth with meaningful employment and skills.

Businesses apply for the program and are selected from each of the nine Wards, along with one recipient from locations outside the Wards as well.

Indigenous youth can apply directly to these businesses who are successful recipients of the Youth Summer Employment Program.

Successful Businesses for Youth Summer Employment Program 2019

Corner Brook Ward

Noseworthy Law Qalipu Development Corporation Shez West Premier Siding & Windows

Exploits Ward

Environment Resource Management Association J & G Collier Papa's Sweet Shop

Port au Port Ward

Benoit First Nation Nomad Stages Parkview Variety

St. George's Ward

St. George's Indian Band People of the Dawn Indigenous Friendship Centre

Benoit's Cove Ward

Big Toms Snack Shack Captain Cooks Cottages JayBees Convenience Saltbox Café Inc.

Flat Bay Ward

Bay St. George Cultural Revival Committee Flat Bay Band Inc. Burgeo Band of Indians Inc.

Glenwood Ward

Appleton Recreation Commission Indigenous Cultural Revival Committee Town of Gander

Stephenville Ward

Port of Stephenville Harmon Seaside Links

Non-Ward

Northern Peninsula Band

Applications for the Youth Summer Employment Program are accepted in the spring. Learn more about the program here: <u>http://qalipu.ca/youthprograms/</u>

"The Youth Summer **Employment Program is** fabulous. Without the program, my summer camp would not have been a success. The student I hired, Andrew Patten, had a great deal of knowledge in outdoor work, camping, archery, airsoft target shooting, wilderness and survival as well as excellent skills when dealing with children. He is a leadership student at UNB and his leadership capabilities were evidenced this summer. He also used his knowledge of aboriginal lifestyle to help children live in the outdoors. YSEP is the best program as it also takes care of the payroll end of it which is a big responsibility for employers."

> Hope for Ryan Inc. 2018 YSEP recipient



Follow the Education and Training Department on Facebook to stay up to date on employment, training, scholarships and other opportunities. Click here.



Special Award for Support of Black Bear Program



and Training Department, nominator Lieutenant-Colonel Kevin Bond, Provincial Chair Mr. Bill Mahoney, Chief Warrant Officer Kent Clapham, Army Reserve Sergeant Major

Qalipu First Nation was recently recognized as a committed information sessions across all the Wards. supporter of Reservists in the Canadian Armed Forces and received the Special Award for support to the Reserve Force on May 9, 2019 during a formal ceremony at the Canadian War Museum in Ottawa.

Bond, Royal Newfoundland Regiment, in acknowledgement of QFN's work in hosting information sessions to help raise awareness of the Black Bear Program, a summer program geared primarily toward Indigenous youth. In the nomination, Bond noted "As Qalipu Chief, Chief Brendan Mitchell is committed to the ongoing development of Qalipu on behalf of his community. He promotes positive change in fostering a prosperous tomorrow for all especially the youth in the Qalipu community. He was very quick to seize the opportunity to promote the Black Bear program as a source of employment for youth and at the same time promote indigenous culture."

Chief Brendan Mitchell was unable to attend the awards ceremony in Ottawa. The Chief was represented by Monigue Carroll, Director of Education and Training. Carroll and her staff led the Black Bear promotion initiative, brining

Carroll said, "We are always looking for partnerships that will help us deliver more education, training and employment opportunities to our people. The Black Bear Program provides great pay, covers meals, accommodations and The nomination was made by Lieutenant-Colonel Kevin travel and positive cultural experiences along with basic military training. We want young people to know about these opportunities, we want them to succeed. We were pleased to partner with the Canadian Armed Forces to do this."

> Reflecting on the award, Chief Brendan Mitchell noted, "We had four Indigenous people from Newfoundland take part in the Black Bear Program in 2018. This was the first summer for participation by Newfoundland's Indigenous youth. For some, this was an important step in recognizing their own potential and dreams. We expect to see much greater Newfoundland representation at Black Bear this coming summer. We will continue to work with the Canadian Armed Forces to bring opportunity to our youth and others".

> Members are invited to keep an eye out for education, employment and training opportunities, like Black Bear, on the Band's Education and Training Facebook page.

Update your Membership Profile



Our membership database, ginu, is an essential tool for all members of the Band. It allows QFN to stay in touch with its members for elections, email voting that may take place between elections, and to share general communications like special offers, newsletters and messages from the Chief. The database also allows members to complete their employment profile and opt to receive notice of employment opportunities and lets them identify if they'd like to be contacted regarding volunteer opportunities.

LOGGING IN

Logging in is easy. From the top of our website, Qalipu.ca, click on <u>GINU MEMBER LOGIN.</u> You will then see options:

LOGGING IN FOR THE FIRST TIME (new members) After agreeing to the terms and conditions, new members will be asked for their 10-digit status number (034xxxxxx), their date of birth and will have to *create a password. **ALREADY LOGGED IN ONCE.** If you've logged in once before, use your 10-digit status number and your password.

If a password is forgotten, or you have trouble logging in, please click **forgot your password** or call the support line 1-855-263-6440.

Once you have logged in, you will see that your profile is organized into three parts: My Profile, My Employment Advantage and Communication Preferences.

MY PROFILE

We ask all members to fill out as much information as possible here, however there are several essential items we will need for all members of the Band. All of these can be

updated under the "My Profile" tab:

Email—We may email important information as often as once a week.

Mailing address—voter information packages are sent in the mail

Phone number—Telephone campaigns may be used to contact you regarding important issues and/or opportunities

MY EMPLOYMENT ADVANTAGE

Are you looking for employment? Qalipu First Nation is often in contact with employers and would like to help you find a job! One way that we do this is through the Employment Advantage feature in our database.

Sign up for the **Employment Advantage Mailing List**. If you would like to have Qalipu First Nation contact you on behalf of potential employers, agents, contracting individuals or entities regarding any new employment, business, or contractual opportunities, go to the Communication Preferences Tab and select that option.

Your **Employee Profile** contains resume information like education, training, certifications, and other information to help Qalipu understand the needs of our members from an employment point of view. We encourage you to complete as much of this information as possible whether you are currently seeking employment or not. This information can be used to help guide our programs, services and program delivery.

COMMUNICATION PREFERENCES

Communication Consent Preferences. Add an email address and choose how you would like to be contacted.

Member Live Stream. We are working toward making Council Meetings available by livestream. Signing in to your ginu membership profile will be your access to these, and other members only viewing opportunities.

News from Qalipu.ca. All the Latest News is streamed here.

Questions? Please contact profiles@qalipu.ca or call 1-855-263-6440

Health & Social Division at Qalipu First Nation

The Health and Social Division at Qalipu strives to improve Manager of Health Services: Provides leadership to the the lives and wellbeing of our members and communities. We promote health education, active living, mental health, and spiritual and cultural practices in all our programs and services. We take a holistic approach; the health and wellbeing of our members is important to us.

Non-Insured Health Benefits (NIHB) Program

Qalipu coordinates and oversees the administration of the Medical Transportation Benefit, and the Mental Health Counselling Benefit. The division continues to set goals that will see the transfer of additional Non-Insured Health Benefits from Indigenous Services Canada to the Band. This continued growth will allow for greater capacity and expertise within the Band, our province, more employment opportunities, and improved response times.

We have staff in various office locations to help you navigate and understand your health benefits. Please contact us.

NIHB Navigator: Ensures broadest possible access and understanding of the NIHB program, educates membership and communities on their benefits, advocates and liaise on behalf of membership with respect to health benefits.

Howard Thistle 709-679-5743 or 855-675-5743 hthistle@galipu.ca

Health and Social Division, builds partnerships and collaborations, increases capacities and addresses concerns.

Mitch Blanchard 709-634-8046 mblanchard@qalipu.ca

NIHB Support Specialists: Ensure membership reimbursements are screened, scanned and directed in timely and effective manner. Prepare preapprovals for Mental Health and Medical Transportation Benefit. Coordination of travel and accommodations for medical appointments, assess and process reimbursements.

NIHB Support Specialists

Grand Falls-Windsor Susan Bryan Tel. 709.393.7770 email sbryan@qalipu.ca

Glenwood

Jasmine Collis Tel. 709.679.2238 email jcollis@qalipu.ca

Stephenville Melissa Sullivan Tel. 709.643.2456

Corner Brook Megan Blanchard Tel. 709.634.5078 mablanchard@galipu.ca

Natasha Lavers Tel. 709.634.5042 email nlavers@galipu.ca

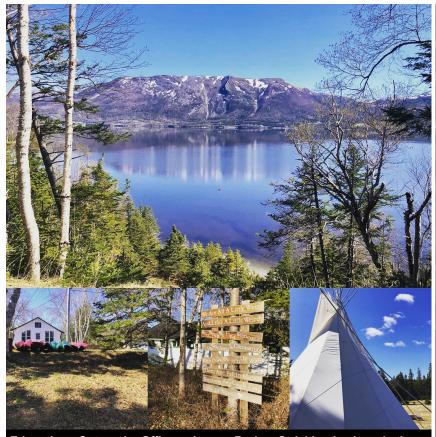


Medical travel and accommodations, reimbursement, and questions about Please use rear entrance. For an appointment: Email msullivan@qalipu.ca

NIHB Support in Stephenville, 90 Main St.



Education

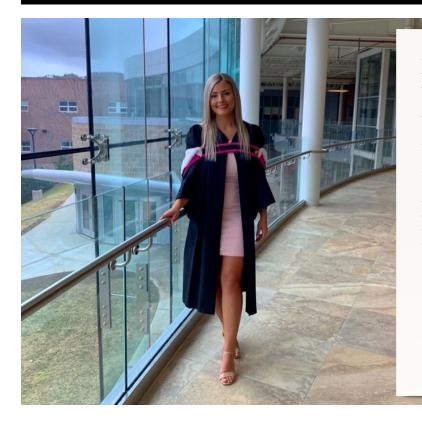


Education Outreach Officer Jenny Brake Strickland shared these pictures of the pristine beauty and serenity at Kildevil camp where grade five students are enjoying the Outdoor Education Program. Qalipu is a key partner in the delivery of this 2.5 day program which is offered to all grade five students in the western region. During the program, traditional indigenous knowledge is infused with core curriculum outcomes.



THE DEADLINE TO APPLY FOR FUNDING FOR STUDENTS STARTING SCHOOL IN SEPTEMBER IS JUNE 30, 2019

EDUCATIONANDTRAINING@QALIPU.CA



My name is Breanna Byrne, I'm a recent Bachelor of Nursing Graduate from Western Regional School of Nursing, Four years ago I began my nursing degree in Corner Brook and with the help of Qalipu funding my education I am now a Bachelor of Nursing Graduate Nurse who is employed with Eastern Health. For my fourth year preceptorship I had the opportunity to work as a BN4 student at the Janeway Hospital in St. John's on the surgery unit. The Qalipu Band helped fund my education and stay while I completed my preceptorship outside of my home town. Since then I have accepted a Casual Med/Surg Position with Eastern Health at the Janeway as a Nurse Graduate. Hopefully soon to be Registered Nurse once I complete my national exam at the end of June. Working with pediatrics has always been a dream of mine and I am so thankful the Qalipu Band helped get me to where I am today.

Thank You!

Brianna Byrne

Piping Plover Update —submitted by Stephen Rose, Natural Resource Technician

The piping plover is an endangered ground nesting shore- () Do not operate any vehicles on beaches or coastal bird that inhabits our shores from late spring until early fall. Plovers can be found on mostly sandy beaches (with some larger grain and smaller rock) and in coastal dunes where vegetation is sparse and mostly limited to grasses. This year, Qalipu continued its monitoring of the piping plover (Charadrius melodus melodus) in the Bay St. George region. We returned to the same sites which we have been surveying the past number of years; Sandy Point, Flat Bay Peninsula, Stephenville Crossing, and Black Bank.

als were spotted at Flat Bay and Sandy Point combined including seven chicks, and seven adults. Four of which made up two breeding pairs. At Black Bank for a total of ten individuals were spotted consisting of four chicks and six adults, four of which made up two breeding pairs. The piping plover chicks and two breeding pairs that were spotted at Black bank were only seen once. The fate of the chicks could not be confirmed at any of the locations.

It is important to remember that the same beaches in which piping plover inhabit are one's that are favorable to recreational activities (riding ATVs, sun bathing, swimming, beach fires, etc.). This can make things difficult for preventing disturbance of the species during their nesting period. There are some preventative measures we can take when using beaches that have suitable piping plover habitat or are inhabited by piping plovers. The following list of recommendations is collected from Environment and Climate Change Canada's promotional materials:

- (N) Between April and August stay away from recognized piping plover breeding and nesting areas. Walk on the wet sand, close to the water's edge.
- N Keep your pets on a leash. Wandering pets can disturb nesting birds and be significantly harmful to chicks and fledglings.
- Clean up garbage found on the beach and if you pack it in, pack it out. Food wrapping and waste can attract scavenging predators.
- (Leave natural debris on the beach as piping plovers rely on these resources for food and cover. These include seaweed, shells, and woody debris.

dunes. Doing so can disturb nesting plovers, cause chicks to get stuck in tire ruts and separated from their mothers, crush eggs/chicks, and in the case of riding in dunes, accelerate coastal erosion in the area and cause permanent habitat loss.

igodown Report the location of piping plovers and their nests to the Canadian Wildlife Service (CWS) or Qalipu Fisheries Guardians

During the 2018-2019 field season a total of twelve individu- 🚫 If you see people, or pets disturbing piping plovers or their nests, contact CWS to report the disturbance. It's a federal offence under the Species at Risk Act to harass species at risk.

> S Join a local stewardship group or volunteer organization to help protect species at risk and talk to others about these best practices to help protect our species at risk. You can contact CWS for more information on Piping Plover groups in your local area

For more information on this program, contact Stephen Rose at srose@galipu.ca or 709-634-5053. For more information about piping plover or to make a report, con tact CWS at 1-800-668-6767, Fish and Wildlife Enforce ment at 1-877-820-0999, or Crimestoppers via phone at 1-800-222-TIPS (1-800-222-8477) or via text to "CRIMES" (274637) by texting TIP190 plus your message.



Photo taken by River Guardian Rodney Bennett while surveying Flat Bay Peninsula/Sandy Point, NL



Bear Witness Day

-Submitted by Kelly Piercey, Stepping Stones Daycare

"The staff and children celebrated Bear Witness Day with a teddy bear picnic and music!! Organized by administrator Kelly Piercey"

Bear Witness Day is a day to commemorate the life of Jordan River Anderson of Norway House Cree Nation who spent the first two years of his life in a hospital and died at the age of 5, while the responsibility for his health care was passed back and forth between the Federal and Provincial Government. Jordan's Principle was created to help bridge the gap in services for children.

For more information about Jordan's Principle please contact Howard Thistle, NIHB Navigator, at 709-679-5743 or Mitch Blanchard, Manager of Health Services, at 709-634-8046



PLEASE JOIN US FOR A CELEBRATION AND EXPLORATION OF INDIGENOUS ART, DESIGN

Experience the area's Mi'kmaw heritagi through a visual journey

Travel a new, but familiar path





CELEBRATING OUR INDIGENOUS PAST, PRESENT AND FUTURE ARTS & CULTURE CENTRE/AUG 24, 7PM



COMPREHENSIVE COMMUNITY PLAN



Submitted by Joanne Harris, Comprehensive Community Plan Coordinator

Qalipu is pleased to announce that it has existing strengths. recently started a three-year project to build a Comprehensive Community Plan (CCP).

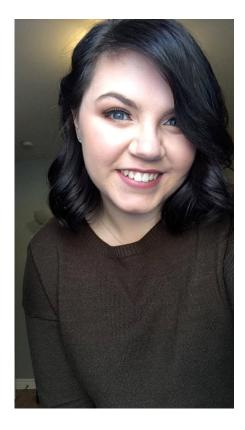
Through consultation with community members the CCP will help guide Band growth in terms of programs, services and development initiatives. It is a holistic process that enables the community to build a ties as possible, and to serve the commuroadmap to sustainability, self-sufficiency, nity in future projects. While we will not be and improved government capacity. The able to go to all 67 communities individual-CCP is comprehensive because it includes ly, it is our mission to ensure this process planning for all aspects of the community. is still accessible to each community. It will focus on Governance, Economy, There will be a minimum of one session Social Issues. Development, Health, Land & Resources, geographic distribution of our communities and Education. So if you feel that the to maximize our reach and reduce travel issues like land claims and hunting rights, time for members that would like to or renewal are essential to building a stronger Qalipu community then this is your chance and other communication strategies. to speak up!

Sustainable development, meeting the needs of the present without compromising those of future generations, is the guiding principle of the CCP. It is a long term approach, and it's direction from the community makes it different from short term strategic plans. The CCP is a guide to strategic plans come in line ensure that with the needs and vision of the community. This long term planning will allow us to address our current needs and build on

The CCP is a community led approach to planning, where the process is driven and owned by all community members rather than a small group or committee. Our first project as a part of the CCP is the development of an equitable consultation strategy that allows us to reach as many communi-Culture, Infrastructure per ward, and we are assessing the cultural development and language participate. We are also assessing the potential for remote consultation sessions,

> Consultations for the Comprehensive Community Plan are likely to begin in the fall and will feature a variety of outreach and engagement approaches that include meetings and online surveys. We hope that everyone will take the opportunity to have their say and be a part of a shared vision for the future.

> For more information about the Comprehensive Community Plan please contact Joanne at 634-6384 email or jharris@galipu.ca



Emily Laite is the newly elected Indigenous **Representative** for Memorial University's **Student Union** (MUNSU) for the 2019/2020 school vear

https://www.munsu.ca/

Indigenous Culture in the Classroom and on the Land











Submitted by Lacey Colombe

I'm a founding member of Qalipu First Nation, and I availed of the Post-Secondary Support Funding Program for both degrees. I obtained a Bachelor of Science Degree from Cape Breton University in 2013 and a Bachelor of Education degree from Mount Saint Vincent University in 2016.

September of 2016, I In received my first teaching position. I am now finishing my third year teaching Grade 5 and 6 at Pictou Landing First Nation School. At Pictou Landing, we strive to model and practice the Seven Grandfather Teachings (also known as the Seven Sacred Teachings) on a daily basis. The seven teachings are, courage, love, humility, honesty, wisdom, truth. respect. and These

The seven teachings are, courage, love, honesty, humility, wisdom, respect, and truth. These teachings set the environment of our classroom and school and allow for the students to be respectful and responsible for themselves, others, and the environment.

teachings set the environment of our classroom and school and allow for the students to be respectful and responsible for themselves, others, and the environment.

My class partakes in a variety of land-based learning projects each year. To name a few, we go eel fishing, build boats, make maple syrup, raise salmon, build wooden benches, and grow vegetables in our own garden.

With our eel fishing project, my students learned how to make their own spears (starting with cutting trees to make them), spear the eels, clean/skin the eels, and cook them. Making maple syrup from scratch is definitely a class favourite. The students go through the whole process, starting with tapping maple trees to get sap, and ending with boiling the sap until it becomes syrup to be served at our breakfast and lunch programs.

These land-based learning projects allow my students to honor their Indigenous culture's values, perspectives, and connects them with their environment. They are able to learn and practice how their ancestors lived by living off the land.

In addition to the land-based learning, we have Elders come into our classroom to tell their stories, talk to the students in their Mi'kmaw language, and do activities with the students to help them connect with their culture.

In the next school year, I will be teaching at Pictou Landing First Nation School for my fourth year, while I also undertake my Master of Education with the help of the Post-Secondary Support Funding Program from Qalipu First Nation. I look forward to gaining specialized knowledge in teaching and enhancing my skills.

WETLANDS

AN IMPORTANT PART OF OUR HERITAGE

Submitted by Ian Sullivan, GIS Technician

Wetlands contain the most biodiversity of any ecosystem. They contribute to water purification, carbon sequestration and are home to an abundant variety of plants, animals and insects. Wetlands are an important part of the Newfoundland landscape and culture, providing subsistence through berries and hunting. Newfoundland is one of Canada's most wetland-rich provinces yet despite their importance and prevalence across the landscape, Newfoundland and Labrador is the only Atlantic province which does not have an extensive wetland inventory.

PROJECT OVERVIEW

In 2017 Qalipu First Nation (QFN) received funding from the National Wetland Conservation Fund to begin delineating wetlands on the west coast. Wetland delineation is the

process of manually identifying the precise border between wetland and non-wetland (referred to as "upland") areas. Natural Resource Technicians attended training sessions to accurately delineate wetlands as well as training to utilize the Wetland Ecosystems Services Protocol (WESP) before



WETLANDS CONT'D FROM PG. 12

fieldwork began, ensuring the technicians were qualified to successfully complete the work. WESP assesses the ability of a wetland to house migratory birds, rare plant species, sequester carbon, along with many other important environmental qualities. Initial delineation efforts began on the Port Au Port peninsula and later expanded to the Stephenville Crossing and Black Duck Siding areas. A total of 5 wetlands were delineated and classified, including vegetation and soil surveys.

In 2018, unfinished vegetation surveys and soil surveys from the previous year were completed and orthophotographs of 2 wetlands in Port au Port were produced from UAV imagery. Aerial photos give us a more detailed view of the landscape than the widely available imagery provided by websites such as Google Earth, Bing Maps or OpenStreetMap.

MOVING FORWARD

In 2018, the National Wetland Conservation Fund concluded, leaving organisations to finish their projects during the final year of funding. QFN would like to work with stakeholders to secure funding to continue contributing to Newfoundland's wetland inventory by developing an island database of bogs, fens, swamps and marshes. There is still much work to be done as newfoundland contains a vast network of a range of wetland types that have yet to be delineated.







Follow the Natural Resources Department on Facebook to stay up to date on research, projects and opportunities to be involved.



Ident on Mulse invited the youngest of the same provident of the s



Scott Butt tells youth what to expect in the sweat



ELDERS AND YOUTH BREAKING THE SILENCE ON MENTAL HEALTH

A project delivered through the Newfoundland Aboriginal Women's Network with support from Indigenous Services Canada. The focus of this project is to develop a culturally -based, youth focused approach to mental health.

> "We want to empower our Indígenous youth líving off reserve to ensure they understand their roles in their families, communities and the world at large. As youth develop relationships with our Elders and knowledge of where they come from they will become stronger."

https://nawn-nf.com/currentprojects/elders-and-youth/

For more information, or to participate in the next Elders and Youth event, please contact Project Coordinator Roxanne Letiec

Email roxanne.nawn@gmail.com tel. 709-214-1682/709-643-4563

 Kay Sheppard made toutons

LDERS & YOUT



Tree Tapping

Participants learned about tree tapping, the nutrition found in nature and honouring the earth by leaving behind a tobacco tie when something is taken



Membership Notice:

A

The deadline to submit a request for reassessment of the self-identification criterion because of the Wells et al. vs. Canada decision was May 13, 2019. The enrollment committee is no longer accepting requests for reassessment.

However, if you requested documents from Statistics Canada on or before May 13, 2019 an extension has been granted to August 15, 2019 to submit your census returns or National Household Surveys.

The extension has been granted due to the time needed to process document requests.

To qualify for the extension you must also submit proof that you asked for your census returns or National Household Surveys on or before May 13, 2019.

For more information please visit https://www.aadnc-aandc.gc.ca/eng/1319805325971/1319805372507

Qalipu First Nation

The presence of Mi'kmaq populations living in Newfoundland was ignored in the Terms of Union when Newfoundland joined Canada in 1949.

In the 60 years that passed before recognition was achieved in 2011, the caribou people had roamed far and wide.

Qalipu (Pronounced: ha-lee-boo, Meaning: Caribou) is a vibrant Mi'kmaq First Nation established in 2011 as an Indigenous Band under the Indian Act. With a large membership spread across 67 traditional Newfoundland Mi'kmaq communities and abroad, we are one of the largest First Nation groups in Canada.

Newfoundland is part of the traditional Mi'kmaq Nation whose territory extends from Quebec through the Maritime Provinces and into Newfoundland.

Qalipu has no reserve land; it is made up of sixty-seven traditional Mi'kmaq communities, spread out over nine Electoral Wards. An elected Chief and Council govern the Qalipu First Nation. Ward Councilors are elected to represent each of the nine Wards. Additionally, two Vice-Chiefs represent western and central Newfoundland and the Chief is the official spokesperson and leader of the Qalipu First Nation as a whole.

Qalipu has four satellite offices located in Glenwood, Grand Falls-Windsor, St. George's and Stephenville. It's central administrative office is in Corner Brook. These offices give representation to the regions of our dispersed Mi'kmaq communities.

Core programs and services are delivered by a dedicated body of staff. Our service offering includes education and training, tourism development, health benefits and services, employment programs, registration assistance, natural resource management, culture and heritage and community economic development. Qalipu also conducts a variety of special programs which vary from year to year.

Economic and corporate development are led by the Qalipu Development Corporation (QDC). The QDC was established by the Chief and Council as an independent, armslength corporate business entity. It functions as a holding company for all business operations and investments of the QFNB. Its primary mandate is to manage the Band's portfolio of existing business operations and seek new investment and joint-venture opportunities to ensure the Band's long term economic growth and overall sustainability.

Get to know us better by exploring our website, Qalipu.ca, or spending time with us at National Indigenous Peoples Day and other celebrations that are shared on our events calendar.



Contact Us

Maw-pemita'jik Qalipu'k is your Indigenous community newsletter. In it, we aim to share not only the happenings of the Band but also, to help connect our dispersed communities.

If you would like to give your thoughts on what you've read here, or share an upcoming community event, achievement, news item, or anything else that may be of interest to the community, please get in touch:

Alison White Communications Qalipu First Nation Tel. 709-634-5163 Email <u>awhite@qalipu.ca</u>

Visit our website

WWW.QALIPU.CA

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